**Constitution**

**Article 1 - Name, Purpose, and Non-Discrimination Policy of the Organization.**

*Section 1- Name*: Exercise and Nutrition Journal Club

*Section 2*-*Purpose:* The purpose of this group is to create an inclusive academic space to facilitate discussion of topics relating to exercise and nutrition in the form of a weekly journal club. Our group offers the opportunity for students to develop necessary skills associated with reading scientific literature and improving presentation skills in a low-stakes setting with other students. In addition to professional development, this group hopes to develop a community among students with similar interests relating to exercise and nutrition across a variety of backgrounds and majors.

*Section 3*- *Non-Discrimination Policy*: This organization does not discriminate on the basis of age, ancestry, color, disability, gender identity or expression, genetic information, HIV/AIDS status, military status, national origin, race, religion, sex, sexual orientation, protected veteran status, or any other bases under the law, in its activities, programs, admission, and employment.

**Article II - Membership: Qualifications and categories of membership.**

*Section 1:* Membership is open to any current full or part-time undergraduate student currently enrolled at the Ohio State University. Students are able to join the organization at any time during the semester.

*Section 2:* Membership will only be maintained by attending a minimum of 25% remaining meetings per semester after the time a student joins the organization. For example, if a student joined the organization and there were four remaining meetings, they would only be required to attend 1 meeting to maintain membership. If a student joined the organization and there were 10 remaining meetings in that given semester, they would be required to attend 3 meetings to maintain membership.

*Section 3:* Staff and Faculty can be non-voting members and have the ability to participate in functions, charities, and fundraising activities as well as attend organization meetings.

**Article III - Methods for Removing Members and Executive Officers.**

*Section 1:* If a member conducts themselves in such a manner deemed detrimental to advancing the purpose of this organization or is in violation of the Ohio State University Student Code of Conduct, they can be removed through a majority vote of the voting membership excluding officers or unanimous vote of the officers, with the consultation of the advisor. Behaviors that would be deemed detrimental to advancing the purpose of this organization include, but are not limited to engagement in body shaming, critiquing of eating/lifestyle habits of other members or officers of the organization, or critiquing other member’s presentational abilities or presentations.

*Section 2:* Any elected officer of the organization may be removed for sufficient cause. Sufficient cause for removal includes but is not limited to violation of the constitution or by-laws or any conduct deemed prejudicial to the best interests of the organization. Prior to a vote on the matter of removal of an elected officer, the organization Executive Committee shall hold a formal hearing. The officer shall have the opportunity to personally appear at the formal hearing or to be represented by counsel. The officer may present any defense to the charges before any action is taken. The organization Executive Committee shall adopt rules to ensure due process to the officer. The Executive Committee may act for removal upon a two thirds affirmative vote of the executive board.

**Article IV - Organizational Leadership: Titles, terms of office, type of selection, and duties of leaders.**

*Section 1:* Officers will be elected through a majority vote of all voting members. Officers will be elected during the end of the Spring semester and will take office the following Autumn semester. A 1-year term commitment will be required for all officers who wish to be elected. This commitment can last up to 2 years without the need for a new vote. After an officer has served for 2 years, or if an officer wishes to discontinue after the required 1-year term commitment, then an election for that position will occur.

Co-President: There shall be 2 co-presidents for this student organization. Each co-president may have different skill sets and interests, therefore, both co-presidents should jointly communicate and equally distribute the explicit duties outlined below. Co-presidents are expected to complete the student organization registration and renewal process to ensure the organization remains active. Co-presidents are also expected to handle all space organizations for each semester and should coordinate meeting times and locations with consideration of the club member’s availability. Co-presidents will also be responsible for engagement in any networking events or administrative tasks not covered by other officer roles. In addition to explicit tasks outlined above, both co-presidents are expected to oversee all other officer roles and provide guidance, assistance, and reviewal of other officer duties when necessary. Other organizational roles have more explicit tasks; therefore, the flexibility of the co-president’s role allows for greater assistance and oversight of other officer positions.

Treasurer: The treasurer shall be responsible for overseeing all fiscal matters of the student organization. The treasurer will be responsible for updating both co-presidents on financial matters and will be expected to coordinate with both co-presidents for scheduling and decisions involving financial aspects.

Recruitment Director: The recruitment director shall be responsible for overseeing all new member recruitment initiatives. The recruitment director would be responsible for leading recruitment initiatives such as involvement fair set-up, website design, social media management, and the creation of additional resources such as flyers.

Scientific Education Director: The scientific education director shall be responsible for overseeing organizational educational development. Essentially, this role would involve planning logical progressions of journal article topic selection and club activities to best facilitate semester-long learning progression. This role may include duties such as predetermining meeting topics, helping with the selection of scientific journal articles, and collaborating with other organizational officers to promote long-term member development.

Programming Director: The programming director shall be responsible for overseeing and planning any organizational events. This role would include collaboration with the treasurer. In addition, this role would involve task allocation to other officers for any planned events.

**Article V- Executive Committee: Size and composition of the Committee.**

*Section 1:*Consists of Organization Leaders (Co-President (2), Treasurer, Recruitment Director, Scientific Education Director, and Programming Director).

**Article VI- Adviser(s) or Advisory Board: Qualification Criteria.**

*Section 1:* Advisers of student organizations must be full-time members of the University faculty or Administrative & Professional staff. If a person is serving as an adviser who is not a member of the above classifications, a co-adviser must be chosen who is a member of these University classifications. Advisors will be required to serve 1-year terms and be chosen by the officers within the organization.

*Section 2:* Responsibilities of advisers are to complete a bi-annual training, alternating between in-person training and online recertification. Advisors only must attend in-person training once every 4 years. Advisers will also be responsible for logging in to the Student Organization Management System to approve the organization’s registration and goals. Advisers may be responsible for approving organization funding requests if any are needed.

**Article VII- Meetings of the Organization: Required Meetings and their frequency.**

*Section 1:* Regular meetings shall be held at least ten times a semester. The officers shall coordinate a meeting time at the beginning of each semester.

*Section 2:*  Any officer may call a meeting with all officers within the organization at any time with at least one weeks’ notice given prior to the meeting. If all officers agree to meet without giving a one weeks’ notice, then a meeting can occur. A meeting can also be called through a petition of the majority of membership, submitted one week prior to the proposed meeting outside of regular meeting times.

**Article VIII- Method of Amending Constitution: Proposals, notice, and voting requirements.**

*Section 1:* Proposed amendments can be presented from any member of the organization but should be presented at least one week prior to the next organizational meeting. The proposed amendment will be required to be in writing and should specify the article and section of amendment and be shared with an officer of the organization. The proposed amendment will be read out loud at the start of the following meeting and can be ratified through a 2/3 majority vote of all voting members present at the meeting, assuming a quorum is met.

**Article IX- Method of Dissolution of Organization**

*Section 1:* ¾ of all officers in the organization must first approve dissolution of the organization. Following this, all members of the organization present at a meeting will vote on dissolution and ¾ of present members must agree for dissolution to occur.

**By-Laws**

**Article I- Parliamentary Authority**

*Section 1:* Robert’s Rule of Order will be utilized for any organizational decision making based on the premise that “though the minority shall be heard, and absentees protected, the majority will decide”. The only scenario where Robert’s Rule of Order may not be applicable in organizational decision making is when rules are inconsistent with the constitution or by-laws of the organization.

**Article II- Membership**

*Section 1:* Membership may occur consistent with procedures mentioned in Article II of the constitution. No membership dues will be required.

**Article III- Election/ Appointment of Government Leadership**

*Section 1:* Elections will last from the duration of the end of the second-to-last meeting to the last meeting of the spring semester each year, if applicable, based on terms of organization leadership or availability of positions. If new positions are created, or an existing position is vacated before the end of a term, elections may occur earlier than this predetermined time at a time determined by both co-presidents.

*Section 2:* Any member of the organization may run for a leadership position.

*Section 3:* Prior to election, each candidate will be given the option to create a 1-page campaign flyer outlining their relevant experience, coursework, or extracurricular activities and coordinate with the existing organizational leadership to share information to a communication channel shared by all members of the organization. This flyer will be uploaded to communication channels such as our organizational website during the time that voting is open. This will serve to promote the election of competent candidates for each associated officer position.

*Section 4:* The election will take place via a secret ballot in which the identity of each voting member will be concealed. Voting will last the duration outlined in *Section 1* to promote voting participation from all members of the organization.

*Section 5:* Newly elected officers will take office after voting results have been certified following the last meeting of the semester. In the event a new position is created, or a position is vacated prior to the end of a term, officers may take office after voting results have been certified.

**Article IV- Adviser/Advisory Board Responsibilities**

*Section 1:* Advisor responsibilities are outlined in entirety in Article VI of the constitution.

**Article VII- Meeting Requirements**

*Section 1:* The Executive Committee shall determine the location and time of organizational meetings.

*Section 2:* At all meetings, a quorum shall be defined as one third of all total voting members. If less than a quorum is present, no business items requiring a universal consensus (through means of a vote) shall be conducted.

**Article VIII- Method of Amending By-Laws**

*Section 1:* To amend a by-law, a proposal must be made in writing and a member must read the desired proposal at the general meeting of the membership. Then, the proposed amendment will be voted for at the next general meeting and a ½ vote of the membership present, assuming a quorum is met, is needed for the proposal to be ratified.