

Constitution of Inner Engineering Association

Article I- Name, Purpose and Non-Discrimination policy of the Organization

Section 1: Name of the Organization

The name of the organization is 'Inner Engineering Association'. This organization is associated with Isha Foundation, a non-profit, organization dedicated to raising human consciousness and fostering global harmony through individual transformation.

Section 2: Statement of Purpose

Our purpose is to promote inner well-being by raising human consciousness through individual transformation. We will host and facilitate meditation and yoga sessions and share a variety of discourses and introductory sessions promoting inner well-being (online and/or in person) for members and the public. Once yoga and meditation methods and practices are learned, individuals can continue on their own, come together for supported group practice sessions and/or connect online. Progress of the yoga and meditation practices can be tracked with the aid of a well-established Isha Foundation Research team. Target audience will be undergraduate students. However, membership shall be open to all students, staff and faculty of The Ohio State University regardless of gender identification, sexual orientation, race, religion, age, national origin, disability, or veteran status.

Section 3: Non-Discrimination Policy

The activities, programs and admissions of the Inner Engineering Association does not discriminate on the basis of age, race, religion, color, disability, gender identity or expression, genetic information, HIV/AIDS status, military status, national origin (ancestry), sexual orientation, protected veteran status or any other bases under the law.

As a student organization at The Ohio State University, Inner Engineering Association expects its members to conduct themselves in a manner that maintains an environment free from sexual misconduct. All members are responsible for adhering to University Policy 1.15, which can be found here:

<https://br.osu.edu/public/documents/policy/policy115.pdf>.

If you or someone you know has been sexually harassed or assaulted, you may find the appropriate resources at <http://titleIX.osu.edu> or by contacting the Ohio State Title IX Coordinator at titleIX@osu.edu.

Article II- Membership: Qualifications and categories of membership

Membership is open to all students of The Ohio State University without any discrimination or bias as described in Non-Discrimination policy above. A student can become a member by attending any one of the meetings set and subscribing to the email list. There are no dues for membership into the organization. There are no categories except for the officers' role given to elected members of the organization.

Article III- Methods for Removing Members and Executive Officers

If a member conducts in a manner deemed inappropriate or detrimental to the functioning of this organization or is in violation of the OSU Student Code of Conduct, he/she will be removed with the consultation of the advisor through a majority vote of the members or through unanimous vote of the officers.

Article IV- Organization Leadership

The organization leadership will consist of the following officers:

President - Organize meetings with treasurer/secondary leader to plan events

- Conduct regular meetings with all members of the organization and involve them in creating new ideas for events
- Plan and work actively to recruit new members and resolve issues, if any among the members
- Manage administrative tasks and elections

Treasurer - Shall be responsible for presenting financial reports and administering all financial affairs of the organization.

Secondary Leader - Assist the president/treasurer in carrying out their work to meet the goals of the organization.

The officers will provide a support structure in association with Isha Foundation, USA for the members to get feedback, guidance and advance training w.r.t to the yoga and meditation practices from trained teachers.

Article V- Election/Selection of Organization Leadership

The officers of the Inner Engineering Association will be elected by voting conducted once an academic year. The performance of all the officers in the past year will be assessed before their candidature for the election by the current officers and the advisor. The performance assessment will include factors such as attendance, enthusiasm in participation and leadership in the functioning of the association. The members of the organization also reserve the right to remove officers from their position in case where they fail to fulfill the designated duties.

Article VI- Executive Committee: Size and composition of the Committee

The executive committee will comprise all the active members of the Inner Engineering Association. The members will plan, organize, and execute meditation, yoga, cultural and social events that align with the association's mission. The executive members will participate in student fairs and arrange booths to develop awareness on how yoga and meditation can promote health and well-being and also connect members with Isha Foundation led volunteer opportunities and service initiatives. They will also provide access to books like Inner Engineering- A Yogi's Guide to Joy, mobile apps and online support to further enhance the meditation/yoga experience. They will organize conferences and talks

by guest speakers and yoga teachers on health and wellness; in conjunction with other student organizations and health organizations in The Ohio State University and community partners.

The executive committee members will facilitate visits, retreat programs and nature hikes to area parks as well as opportunities to travel to the Isha Institute of Inner Sciences, Tennessee. The Isha Institute offers yoga in its purest form. It also is the home to powerfully energized meditation spaces such as Adi Yogi: The Abode of Yoga and Mahima, a 39,000sq feet meditation dome, the largest of its kind in the Western hemisphere.

Article VII- Standing Committee: Names, purposes and composition

There is no need for a standing body as the activities will be executed by the officers themselves. However, in future, if needed a standing committee will be formed from the existing members to function under the directives of the officers and the advisor.

Article VIII- Advisor (s) or Advisory Board: Qualification Criteria

The organization will have at least one Advisor who is a faculty or staff at the Ohio State University. The advisor will have an in-depth understanding of activities and will be available to provide advice and act within the current guidelines provided by the student activities. The advisors can be nominated by the officers or organization members anytime during the year and will be appointed by the decision of the officers.

Article IX- Meetings and events of the Organization: Required meetings and frequency

The officers and executive members will meet at least 2 times per month in-person or virtually to plan, organize and execute meditation, yoga, cultural and social events. Permission will be obtained from Isha Foundation, USA prior to any activity/program. A detailed report must be submitted to edu@ishausa.org post any activity/program.

Article X- Attendees of Events of the Organization: Required events and their frequency

Any student, administrative staff or faculty can attend the events offered by Inner Engineering Organization. Yoga and meditation programs will be held on a monthly basis for disseminating tools to develop life skills, mental focus and clarity to foster well-being and handle challenges of life. Other events will include informative sessions where videos and books pertaining to 'Inner Engineering' will be discussed for further self-development.

Article XI- Methods of Amending Constitution: Proposals, notice and voting requirements.

Proposal to amend this constitution may be suggested at any meeting and approved by unanimous vote from the officers. Amendment shall go into effect upon review by the Isha Foundation, USA, Advisor(s). The updated constitution supersedes the bylaws and any previous version of constitution.

Article XII- Methods of Dissolution of Organization

The decision of dissolution of the Inner Engineering Organization lies with the current officers and the advisor. If a decision to dissolve the association is made, the officers and the advisors will be responsible for resolving any existing assets and debt. Any remaining funds will be returned to the original source. The officers will inform the Ohio Union Student Activities staff about the decision.

By-Laws

The Inner Engineering Association will, at minimum, meet once an academic year, review the constitution and the by-laws to ensure its accuracy with current and future activities.