

Constitution of *Being Centered*

Article I - Name, Purpose, and Non-Discrimination Policy of the Organization.

Section 1:

The name for our organization will be *Being Centered*.

Section 2 – Purpose:

Being Centered's purpose is to:

- Promote a healthy, self-sustainable balance of mental and physical well-being through various self-care habits such as meditation, yoga, mindfulness, exercise, etc.
- Build a community that supports a spiritual, humanistic approach to encourage each other in their journey towards self-improvement and empowerment in multiple areas of life.
- Overcome the stigma around mental health issues, while highlighting self-responsibility through discussion of one's mental health states.
- Create a supportive student environment to discuss and share ideas about healthy ways to deal with common life issues that usually go undiscussed.

Section 3 - Non-Discrimination Policy:

This organization and its members do not discriminate on the basis of age, ancestry, color, disability, gender identity or expression, genetic information, HIV/AIDS status, military status, national origin, race, religion, sex, sexual orientation, protected veteran status, or any other bases under the law, in its activities, programs, admission, and employment.

Article II - Membership: Qualifications and categories of membership.

This organization is open to any student currently enrolled at The Ohio State University. In order to join the organization, the student simply needs to attend one meeting and speak with a member on the executive board. There will be no associated costs for joining the organization. For continuing semesters, the student simply needs to come to at least two meetings per semester to remain an active member. It is beneficial for the students to attend as many meetings as possible.

Article III – Methods for Removing Members and Executive Officers

Section 1:

If a member engages in behavior that is detrimental to advancing the purpose of this organization, violates the organization's constitution or by-laws, or violates the Code of Student Conduct, university policy, or federal, state or local law, the member may be removed through a majority vote of the officers in consultation with the organization's advisor.

Section 2:

Any elected officer of the chapter may be removed from their position for cause. Cause for removal includes but is not limited to: violation of the constitution or by-laws, failure to perform duties, or any behavior that is detrimental to advancing the purpose of this organization, including violations of the Student Code of Conduct, university policy, or federal, state, or local laws. The Executive Committee may act for removal upon a majority vote of the executive board in consultation with the organization's advisor.

Article IV - Organization Leadership

Section 1:

This organization will consist of three executive leaders: a Primary Leader/President, a Secondary Leader/Co-President, and a Treasurer. The executive committee also holds the power to create different committees and appoint committee leaders. The role of the President/Co-President will be to oversee meetings, logistical and administrative tasks, oversee removal process for a member, oversee financial decisions made by the Treasurer, oversee elections. The Treasurer will be responsible for the financial health of the organization with responsibilities including: grants/funding for the organization and events, fundraising, and any other monetary responsibilities that may arise.

Section 2:

Each leader will serve for an entire academic year (2 semesters). Upon the end of the term, a three-part election process will be conducted. First, individuals will be evaluated by a Nomination Committee (the current executive board) in terms of their skills and capabilities to fulfill responsibilities. If the Nomination Committee deems the individual capable of holding an executive position, the individual will progress to the next stage. Second, the running individuals will be required to give a speech to the members of the organization demonstrating/indicating why they want a certain position and how they will change benefit the organization moving forward. Third, a majority vote will be used to determine the individual that will serve the next term.

If no members express interest in running for a certain position, the individual that currently holds that position will remain in that position for another term. In the event of an individual wanting to step down from a position, the other executive members will decide who to appoint to fulfill that role and the election process described earlier will be used again to appoint a new individual.

Article V – Advisor(s) or Advisory Board: Qualification Criteria.

Section 1:

An advisor that is invested and genuinely interested in the organization will be selected. The role of the advisor will be as follows. First, the advisor must meet with the Executive Committee at least once per term to discuss the current state of the organization. Second, the advisor will be a component of the member-removal process described earlier. Third, the advisor must will serve as a guide for events that the organization will plan.

Article VI – Meetings and events of the Organization

Section 1:

Organization meetings will be held on a bi-weekly basis. The meeting time will be discussed prior to the start of a semester. The meeting time with the greatest number of votes will be chosen as the official meeting time for the duration of the semester. Location will be subject to change depending on space availability and special events; however, this will be communicated with the members.

Section 2:

Members must attend at least two meetings throughout the semester to remain an active member; however, it is most beneficial for the members if they attend as many meetings as possible.

Article VII – Method of Amending Constitution

Section 1:

Any proposed amendments will be presented to the organization in writing and will not be acted upon when initially introduced. All members will be notified and informed of any potential changes being implemented to the Constitution. All changes will be implemented if and only if there is a majority agreement (by vote) to the revision's implementation.

Article VIII – Method of Dissolution of Organization

Section 1:

In the case of the dissolution of *Being Centered*, all funds received from The Ohio State University will be promptly returned. Any funding gained through extraneous events (fundraising, events, etc.) will be donated to a charity of the Executive Committee's choice.