

---

# LEADERSHIP

## WEEK 2019

---

If you want to better your leadership skills by attending a Leadership Week session but aren't sure where to start, this quick assessment will help narrow down what themes your current values are best aligned with.

Start by checking all the statements that you want to do, and when you've finished, flip the sheet over for further instructions.

### I want to...

1. Learn about the 9 Dimensions of Wellness	
2. Build my knowledge of diversity and inclusion	
3. Explore my personal values and where they come from	
4. Better understand the community around me	
5. Figure out what I want to do with my life	
6. Meet other buckeyes who care about wellness	
7. Consider the diversity of the groups and teams of which I am a member	
8. See what types of leadership vibe with my personal style	
9. Think about how Ohio State affects Columbus, Ohio, and even broader communities	
10. Find out what interesting things people do for their jobs	
11. Become better at self-care	
12. Understand how people with different identities from my own experience campus and the world	
13. Understand my own strengths and areas of growth	
14. Figure out how to apply my leadership skills within a larger community	
15. Think about how I can the leadership skills I already have to future careers	
16. Figure out where wellness fits into my approach to leadership	
17. Understand the values of other cultures	
18. Make a plan for action on how to grow and get stronger as a leader	
19. Get to know the values of our broader community	
20. Make planning for the future a little less stressful	

---

# LEADERSHIP

## WEEK 2019

---

Each number corresponds to one of the Leadership Week themes below.

1, 6, 11, 16	<b>WELLNESS</b>
2, 7, 12, 17	<b>INCLUSION</b>
3, 8, 13, 18	<b>PERSONAL EXPLORATION</b>
4, 9, 14, 19	<b>COMMUNITY ENGAGEMENT</b>
5, 10, 15, 20	<b>CAREER DEVELOPMENT</b>

**Circle** all the statements that you checked off for **WELLNESS** and write down your number here. \_\_\_\_\_

**Circle** all the statements that you checked off for **INCLUSION** and write down your number here. \_\_\_\_\_

**Circle** all the statements that you checked off for **PERSONAL EXPLORATION** and write down your number here. \_\_\_\_\_

**Circle** all the statements that you checked off for **COMMUNITY ENGAGEMENT** and write down your number here. \_\_\_\_\_

**Circle** all the statements that you checked off for **CAREER DEVELOPMENT** and write down your number here. \_\_\_\_\_

**The higher your number in a theme area, the higher your interest may be in the Leadership Week sessions that involve those themes. Read more about each theme below, and sign up for a Leadership Week event on our website ([go.osu.edu/leadershipweek](http://go.osu.edu/leadershipweek)) today!**

**Personal Exploration** - Programs focused on Personal Exploration are designed to do just that - bolster your own understanding of your strengths, your areas for growth, and the unique way you can contribute as a leader.

**Community Engagement** - Programs focused on Community Engagement explore the various ways in which you, as a student, can be engage in your community in positive and meaningful ways.

**Wellness** - Programs focused on Wellness will help you learn more about our 9 Dimensions of Wellness and how to integrate wellness into your leadership style.

**Inclusion** - Programs focused on Inclusion will help you learn more about diverse identities, power and privilege, and how to be a more inclusive leader.

**Career Development** - Programs focused on Career Development will help you understand the relationships between your professional trajectory and the development of your leadership skills.

For questions about Leadership Week, contact Anna Wagner [wagner.1476@osu.edu](mailto:wagner.1476@osu.edu)