Leadership Week is a university-wide collaboration to strengthen the culture of student leadership at Ohio State. While all students are welcome to attend all sessions, we want to feature a few sessions designed with graduate and professional students in mind who want to strengthen their leadership abilities. All sessions fit into one or more of the five themes of Leadership Week: Career Development, Community Engagement, Inclusion, Personal Exploration, and Wellness. All sessions will be offered virtually. Please visit the leadership week website at go.osu.edu/LeadershipWeek for session descriptions, how to register, and more information.

**MONDAY, OCTOBER 5**

*Live From the KBK: Career Development Edition*

- **Networking**
  - 10 a.m. – 12 p.m. | CD

- **Stress Busting 101: Time and Stress Management**
  - 12:30 – 1:30 p.m. | PE, W

- **Student Org Essentials: Prioritizing Wellness and Fighting Burnout**
  - 5:30 – 6:30 p.m. | CE, W

**TUESDAY, OCTOBER 6**

*Live From the KBK: Community Engagement Edition*

- **Interviewing**
  - 11 a.m. – 12 p.m. | CD

- **Making Philanthropy and Service Meaningful in Sorority and Fraternity Life**
  - 5:30 – 6:30 p.m. | CE

- **Keith B. Key Center Open House**
  - 6:30 – 8 p.m. | CE, I

**WEDNESDAY, OCTOBER 7**

*Live From the KBK: Inclusion Edition*

- **Self-Awareness and Your Strengths**
  - 10 – 11 a.m. | CD, PE

- **Showing Employers How You Lead**
  - 10:45 – 11:45 a.m. | CD, PE

- **Introduction to Activism: A Political Engagement Primer**
  - 3 – 4 p.m. | CE

**THURSDAY, OCTOBER 8**

*Live From the KBK: Personal Exploration Edition*

- **Building a Career Vision as a Graduate Student**
  - 11 a.m. – 12 p.m. | CD, PE

- **Thank You For Coming to My Ted Talk: Public Speaking Skills**
  - 12:30 – 1:30 p.m. | CD, PE

- **Financial Wellness**
  - 2 – 3 p.m. | PE, W

- **Practicing Everyday Leadership: A Panel Discussion With University Leaders**
  - 5 – 6 p.m. | CE, PE

**FRIDAY, OCTOBER 9**

*Live From the KBK: Wellness Edition*

- **Engaging Alumni as Mentors**
  - 12 – 1 p.m. | CD, PE

- **“Actually, We Do Care”: Young People in Politics**
  - 12:30 – 1:30 p.m. | CD, I, PE

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**THEMES KEY**

- **PE** = Personal Exploration
- **CE** = Community Engagement
- **CD** = Career Development
- **I** = Inclusion
- **W** = Wellness

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**The Ohio State University**

**Office of Student Life**

**Student Activities**