

2019-2020 •

THE OHIO STATE UNIVERSITY | OFFICE OF STUDENT LIFE



## **GET INVOLVED** AT THE OHIO STATE UNIVERSITY

#### What is there to get involved with at Ohio State?

That's what this guide is all about. Flip through the pages to get ideas about what path you'll choose. Whether it's by joining a student organization, playing an intramural sport, volunteering in the community or diving into any of Ohio State's other amazing opportunities, you'll discover that there's no place quite like The Ohio State University!

#### Who should get involved at Ohio State?

Ohio State's expectation is that every student finds at least one meaningful activity outside of class to complement the things you learn in class.

#### Why should I get involved?

When compared to uninvolved students, those who get involved are more likely to get better grades, establish a network of friends, organize their time better, manage their stress more effectively and most importantly—graduate! Getting involved also helps prepare you for your career and enables you to enjoy the Buckeye experience to the absolute fullest!

#### When should I get involved?

That's a decision that's completely up to you. Many students start getting involved within their first few days on campus, so that they can start meeting people and getting connected. Others wait a few weeks, a couple of months or even a whole semester to get used to classes and establish a schedule for studying, work, exercise, etc. Both are perfectly good strategies, but we recommend getting started within your first six weeks.

#### How do I get started?

This guide is full of suggestions for offices, websites and organizations to which you can go for more information. Here are some other tips:

- If you live in a residence hall, ask your RA or hall directors for their advice.
- Attend either of the Student Involvement Fairs held at the beginning of each semester to meet the leaders of student organizations and see what might be a good fit for you.
- Check the Student Activities' calendar of events or pay attention to flyers around campus to find out what's going on, especially info sessions student organizations hold at the beginning of the year. Grab a friend from your hall or from class and check it out together.
- If it's more comfortable for you, start out by getting into things that you did in high school. Once you get established, you can move on to things you can only try while you're here.

#### Great involvement is almost everywhere you turn on campus... but don't wait for it to come to you!

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# **Table** of **Contents**

- Academic/College Involvement 3
  - Arts 5
  - Athletics and Buckeye Spirit 7
    - Campus Employment 9
      - Campus Events 11
- Community Engaged Learning 13
  - Cultural Engagement 15
  - Exploring Columbus 19
  - Governance Organizations 21
- Honoraries and Honor Societies 23
  - International Involvement 25
  - Leadership Development 26
    - Recreational Sports 27
- Research and Curricular Involvement 28
  - Sorority and Fraternity Life 29
    - Spirituality **31**
    - Student Organizations 33
  - Timeline for Getting Involved 35
- Advice for Letters of Recommendation 37
- The Top 50 Things to Do Before You Graduate 38

# ACADEMIC/COLLEGE INVOLVEMENT

What do the Aerial Robotics Team, Folklore Student Organization and the Saddle and Sirloin Club have in common? They are all great academic organizations that any student could join!

There are lots of academic organizations that are available for students and many opportunities to get involved within your college and major. There are literally hundreds of student organizations that focus on a specific area of study. You do not have to be a part of a specific major to take part in an affiliated organization.

Academic organizations can help you explore the professional paths of your major, provide you with insight into special opportunities and help you network with people in your field of study. You can talk with your academic advisor or check out the college websites to learn about the different organizations that your college and major have to offer.

#### **College Councils**

Many colleges have student-led councils that serve as advisory groups and represent the interests of students in those colleges' majors. Check your college's website to see if they have a council with which you can get involved.

Some examples of colleges with groups like these are:

- Architecture
- Arts and Sciences
- Dentistry
- Fisher College of Business
- Education and Human Ecology
- Health and Rehabilitation
- Sciences
- LawMedicine
- Medicine
- Nursing
- Pharmacy



## Academic Groups Not Affiliated with a College

In the online student organization directory, you can find a complete list of registered groups that identify as Academic/College. Contact info for those groups is available online at getinvolved.osu.edu organizations. Here are a few examples:

#### Academic Team

Did you play quiz bowl or academic challenge in high school and are itching to pick up the buzzer again? Do you watch Jeopardy from your living room and dominate the players on the show? The Academic Team gets together weekly to play trivia games and competes with teams from other schools in local, regional and national competitions.

#### **Mock Trial**

The purpose of Mock Trial at Ohio State is to replicate all aspects of the legal process. Students learn how to prepare witnesses for trial and how to portray them at trial. Competitive tournaments allow students to perform the materials they've prepared for months and be critiqued by attorney judges. Mock Trial provides students with valuable experience in preparing for trial and being in the courtroom.

#### **Speech and Debate**

Ohio State's competitive Speech and Debate Team represents the university at competitions throughout the year. Their goal is to establish a nationally competitive program that allows for the personal development of its members' communicative and academic abilities regardless of skill level.

#### **Collegiate Council on World Affairs**

Learn about international relations and diplomacy through an intercollegiate model United Nations competition or participate in other Collegiate Council on World Affairs programs.







# ARTS

For some, getting involved with the arts may be performing on campus. For others, involvement with the arts could mean visiting galleries and attending the incredible variety of cultural and performing arts right on campus and throughout the city.

Student Life's Discount Ticket Program (D-Tix) at the Ohio Union provides inexpensive access to the arts on and off campus. Read more about it in the Exploring Columbus section of this guide. Here are some of the great ways to experience the arts on campus and in the City of Columbus:

#### Wexner Center for the Arts

The Wexner Center offers entertaining and educational public programs for all ages and backgrounds. You'll find events that introduce and illuminate the exhibitions, film screenings and performances—and other aspects of contemporary culture. Currently enrolled Ohio State students are automatically "student members" at the Wexner Center. While student benefits differ somewhat from those offered to paying members, they still offer great and discounted access to Wexner Center exhibitions, performing arts, film/ video and public programs. Visit **wexarts.org** for more details.

#### **Broadway Across America**

Broadway Across America features touring Broadway shows such as timeless classics like *Chicago, Cats, The Phantom of the Opera* and *The Lion King* and newer hits like *Avenue Q, Jersey Boys, Wicked* and *Billy Elliot.* The shows take place downtown at the beautiful Ohio Theatre and Palace Theatre. Find out more at **columbus.broadway.com**.

#### **CAPA of Columbus**

CAPA programming includes jazz, world music, folk, country, classical music, comedy, dance, classic films, theater and family entertainment. For more information about CAPA and upcoming shows, visit their website at **capa.com**.

#### **Columbus Symphony Orchestra**

Founded in 1951, the Columbus Symphony Orchestra (CSO) is Central Ohio's only fulltime professional symphony. The CSO performs year-round, including an outdoor Pops series in the summer. See **columbussymphony.com** for more details.

#### Columbus Jazz Orchestra

The Columbus Jazz Orchestra (CJO) was formed as a vehicle to create performance opportunities for jazz musicians in a big band setting. Over forty years later, the CJO is considered one of the world's finest jazz orchestras. Go to **jazzartsgroup.org** for more info.

#### BalletMet

BalletMet has provided artistic excellence in the field of dance to Central Ohio since 1978. Annually, BalletMet reaches a total audience of nearly 125,000 through performances at home and on tour, Academy classes and activities and extensive DanceReach educational/outreach programs. Find out more at **balletmet.org.** 

#### **Columbus Museum of Art**

The Columbus Museum of Art houses an outstanding collection of late nineteenth and early twentieth-century American and European modern art. This collection includes major works by Monet, Matisse, Picasso, Renoir, Hopper, O'Keeffe and other spectacular examples of Impressionism, German Expressionism and Cubism. See **columbusmuseum.org** for more details.



## Performing on Campus

Department of Theatre auditions and productions are open to all students enrolled at Ohio State, regardless of major or rank. There are discounted tickets for students and opportunities to be an usher. Find production and audition information at **theatre.osu.edu**.

#### **College of the Arts/School of Music**

Musical ensembles you can join include concert bands, athletic bands, choral ensembles, orchestras, opera and musical theatre. Find out more at **music.osu.edu** and **dance.osu.edu**.

## Arts Performance Student Organizations

In the student organization directory, you can find a complete list of registered groups that identify as Creative and Performing Arts. Contact info for those groups is available online at **getinvolved.osu.edu.** Here are a few examples:

#### 8th Floor Improv and Fishbowl Improvisational Comedy Group

These groups exist to provide a creative outlet for students through improvisational comedy while entertaining audiences.

#### **Off the Lake Productions**

Off the Lake Productions allows Ohio State students to participate in the theater as well as take part in community service. This student-led organization produces a musical each spring with admission being one canned good.

#### **Medieval and Renaissance Performers Guild**

The purpose of this club is to facilitate the recreation of the Medieval and Renaissance time period through acting, theatrical combat, singing, improv, dancing and other period activities.

#### **A Cappella Organizations**

A number of a cappella vocal performance organizations exist on campus, each with their own unique music and performance styles. Search the student organization directory at **getinvolved.osu.edu** for the term "a cappella" to find information on several different groups.

## ATHLETICS AND BUCKEYE SPIRIT

There are also several ways to get involved with the traditions related to Buckeye spirit and athletics. Here are a few examples...

#### **Block 'O'**

Block 'O' is one of Ohio State's largest student organizations and has gained local and national recognition. As the official student section for all Ohio State sports and athletic events, Block 'O' spreads spirit, starts cheers and leads card stunts in Ohio Stadium for football games. In addition to football, you can share your pride and support for other athletics during basketball season as a member of the "Buckeye Nuthouse," at volleyball games as part of the "Scarlet Setters" and at men's hockey games with the "knucklebucks."

#### **Best Fans in the Land**

The Sportsmanship Council exists to establish good sportsmanship as a continuing tradition at The Ohio State University. A great way to get involved with the Sportsmanship Council is through the Game Day Buckeye Ambassadors Program. Groups of ambassadors roam the tailgate and Stadium areas on football Saturdays and actively welcome fans to Ohio State, especially supporters of the visiting team. The goal is to promote good sportsmanship between Buckeye fans and the opposing teams, as well as to establish a sense of responsibility to uphold the "Best Fans in the Land" tradition.

## **Varsity Sports**

There are 37 varsity sports at Ohio State! While getting involved with the teams as a student-athlete is a limited opportunity based on many factors, athletics is a huge part of the Ohio State culture, and supporting the sports teams is a great way to show your Buckeye Spirit! Here's a list of Ohio State's varsity sports:

#### **Men's Athletics**

Baseball Basketball Cross Country Fencing Football Golf Gymnastics Ice Hockey Lacrosse Pistol Rifle Soccer Spirit Program Swimming/Diving Tennis **Track and Field** Vollevball Wrestling

#### Women's Athletics

Basketball **Cross Country** Fencing Field Hockey Golf **Gymnastics** Ice Hockey Lacrosse Pistol Rifle Rowing Soccer Softball **Spirit Program** Swimming/Diving Synchronized Swimming Tennis Track and Field Vollevball

Get more information at ohiostatebuckeyes.com.



## Some Ohio State Spirit Traditions Every Buckeye Should Know...

#### **Brutus Buckeye**

One of the more visible symbols of Ohio State Athletics is Brutus Buckeye, the school's mascot. In 1965, an art student designed and introduced the first Brutus, while the name was chosen in a contest. The mascot began as a hardened papermache affair that looked like a bowling ball with legs. In 1975, a radical new Brutus was designed with a prune-like head and a man's body. That attempt was booed off the field and was re-worked, giving way to a mascot comparable to the beloved present-day Brutus. Interested in sharing your spirit and pride as Ohio State's proud and energetic mascot? Try-outs for the famed position occur each spring semester in conjunction with Cheerleading try-outs. Each Brutus is considered by demonstrating personality skills, creativity and the ability to interact with crowds.

#### **Spirit Program**

Ohio State Athletics' Spirit Program consists of the Cheerleading/Brutus Buckeye Squad and the Dance Team. These students are a constant source of support at athletic and other special events throughout the year.

#### **Buckeye Grove**

Since 1934, a Buckeye tree has been planted in honor of each of Ohio State's All-American football players. Trees are usually planted in a pregame ceremony at the spring game. With the renovation of Ohio Stadium in 2001, the Buckeye Grove is now located at the southwest corner of the stadium.

#### **The Illibuck Trophy**

The winner of the Ohio State-Illinois game has received the Illibuck trophy since the tradition began in 1925. Illibuck was a live turtle, but has been a wooden replica since 1927. Also representative of the rivalry is the peace pipe. Members of two junior honor societies, Bucket and Dipper of Ohio State and Sachem of Illinois, annually meet at halftime of the Fighting Illini-Buckeye game to present the "Illibuck" trophy to the winning school from the previous year.

## The Ohio State University Marching Band

#### **Skull Session**

In 1932, Eugene J. Weigel enhanced the band's performance by having members completely memorize music before the game each week.

By doing this, bandsmen could concentrate more on the marching maneuvers without sacrificing the music. Weigel then scheduled a final rehearsal of the music before game time so the band could play and think through the show one last time—one last "Skull Session." Skull Session starts one and a half hours before kickoff of every home football game. It is a popular concert/pep rally, with over 10,000 fans in attendance. Seats for Skull Session are in high demand, and it is not unusual for dedicated fans to arrive up to two hours before the band.

#### **Script Ohio**

The signature formation of the Ohio State Marching Band performed before, during halftime or after home games is Script Ohio. Each time the formation drill is performed, a different fourth or fifth-year sousaphone player has the privilege of standing as the dot in the "i" of "Ohio."

#### Dotting the "i"

At exactly 16 measures from the end of "Le Regiment," the drum major struts out toward the top of the "i," with the sousaphone player high-stepping a couple of paces behind. As the crowd's cheering crescendos, the drum major stops and dramatically points to the spot. The sousaphone player assumes the post of honor, doffs their hat and bows deeply to both sides of the stadium. Woody Hayes, Bob Hope, Jack Nicklaus and John and Annie Glenn are among the select few non-band members who have had the honor of dotting the "i." This is considered the greatest honor the band can bestow to any non-band person and is an extremely special (and rare) event.







# CAMPUS EMPLOYMENT

## It Can Pay to Be Involved!

Another great way to get involved at Ohio State is through on-campus employment. The university employs thousands of students each year, and these jobs are often flexible with your class schedule and other activities. Students who work on campus get to learn more about the university structure, build great connections with coworkers and gain skills that future employers are seeking – all while earning a paycheck!

## See What a Job Can Do for You

The Office of Student Life is the largest employer of students on campus each year, and one great benefit of working within Student Life is the Student Employment Experience, or SEE for short. Through SEE, supervisors take time each semester to discuss how your job can help you toward academic and career goals. Also, student employees get access to paid professional development workshops each semester.

## Where Can Students Find Jobs?

#### **Job Postings**

At **careers.osu.edu**, you'll find a terrific resource that shows available positions, pay rates and instructions for applying to jobs.

The Student Financial Aid jobs board **sfa.osu.edu/jobs** not only posts the positions available for students who qualify for Federal Work-Study, but also general on-campus jobs, too! This is another resource for finding a great job on campus!

#### **Campus Departments**

If you have a specific department or college in mind, check directly with their office. Most departments within the Office of Student Life employ students, and here are a few of the departments that offer the most positions.

Dining Services | dining.osu.edu/jobs

University Housing | housing.osu.edu/jobs

Recreational Sports | recsports.osu.edu/employment

#### Ohio Union | ohiounion.osu.edu/about\_the\_union/employment

For a full list of Student Life departments that may have on-campus job opportunities, visit **studentlife.osu.edu/departments.** You can also check with your college's office or your faculty members for opportunities to do research or assist in programming. The Wexner Medical Center, University Libraries, Athletics, Public Safety and dozens of other departments on campus hire students. Don't be afraid to ask if you're interested in working with a particular area!

#### **Career Services**

Last but certainly not least – your college's career service office is here to help you with every step of your career development, including landing a campus job. If you need help with a resume, interviewing skills or just want to brainstorm some job opportunities, career services is a great place to turn! If you are unsure of which career services office is right for you, Career Counseling and Support Services can be a good start. Find out more at **ccss.osu.edu.** 

#### Here's a Tip!

If you plan to work on campus, part of the hiring process requires you to verify your ability to work in the U.S. through bringing an original copy of an acceptable verification document. For a complete list of acceptable documents, visit **go.osu.edu/i-9-verification.** 

# TRAINING WORKSPOO

REFLECTION



# CAMPUS EVENTS

Ohio State is one of the most exciting universities in the nation when it comes to events on campus! Attending those events and helping to plan them are both great ways to get involved and meet people.

The Student Activity Fee you pay each semester creates literally hundreds of free events every year.

#### The Ohio Union Activities Board (OUAB)

The Ohio Union Activities Board, the student programming organization at Ohio State, strives to provide diverse programs and events that are educational, entertaining and thought provoking for the students of the Columbus campus. OUAB plans and executes over 300 free events throughout the year for undergraduate, graduate and professional students. OUAB is also responsible for the official student planner of Ohio State called Dates and Data. Highlighted events include Anderson Cooper, Kendrick Lamar, Misty Copeland, the stars of Saturday Night Live, Jane Goodall, Hasan Minaj, Leslie Odom, Jr., just to name a few. Bookmark **ouab.osu.edu** to make sure you don't miss out on big event announcements and ticket release dates!

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#### **Ohio State Signature Events**

Some of Ohio State's most prominent and traditional student events receive Student Activity Fee funds and are designated as Signature Events. Some of those events are described below. Others include Taste of OSU, Block 'O' game watch parties, RUOK Day, Thanksgiving Dinner, Light Up North Area, Alleviating Poverty Through Entrepreneurship, International Student Welcome Party, TEDxOSU, HackOHI/O and the NPHC Step Show. Visit **activities.osu.edu/programs/signature\_events** for more info.

#### Welcome Week

Welcome Week features more than 100 events during the first week of autumn semester. Highlights of the week include Convocation, Student Involvement Fair, Buck-i-Frenzy, Buckeye Kickoff and a large outdoor movie sponsored by OUAB. Find the whole schedule at **welcomeweek.osu.edu**.

#### Homecoming

Homecoming offers Buckeye spirit and enthusiasm through a variety of events occurring the week leading up to the Homecoming football game. Don't miss the annual Homecoming Parade, followed by a festive pep rally featuring TBDBITL, Ohio State Cheerleaders and Brutus Buckeye. One can apply in the spring semester to be on the following autumn's Homecoming Court by visiting **homecoming.osu.edu.** 



#### **Involvement Fairs**

Near the beginning of each semester, the Office of Student Life's Student Activities hosts special table fairs where you can meet members of Ohio State student organizations, departments, community agencies. The Autumn and Spring Involvement Fairs are a must if you want to get a leg up on getting involved.

#### **Commencement Week**

Commencement Week is a series of events taking place during the end of finals week to appreciate all graduating students and to provide an opportunity for graduates and their families to celebrate their momentous achievement! Open Mic in the autumn and the Commencement Eve Candlelight Ceremony in the spring are traditions no graduating student should miss. See **commencementweek.osu.edu** for more info.

### Other campus traditions...

#### **Greek Week**

Greek Week is a week full of competitions, spirit and themed gatherings for all fraternities and sororities. Traditional highlights include the Greek God and Goddess competition, tug of war and a variety show.

#### **BuckeyeThon**

BuckeyeThon is the largest student-run philanthropy on campus, raising over \$8 million in its history. It is a year-long fundraiser, culminating in two 12-hour dance marathons at The Ohio State University. Money raised supports Nationwide Children's Hospital and the Children's Miracle Network. During the event, enthusiastic morale captains host activities, games and challenges for the dancers. Visit **buckeyethon.osu.edu** for more info!

#### **Disability Awareness Month**

During April, Student Life Disability Services celebrates Disability Awareness Month by hosting numerous activities, such as wheelchair basketball, beep ball, movie viewings, art exhibitions and dancing wheels. See **ods.osu.edu** for event info.

#### Parent & Family Weekend and Sibs & Kids Weekend

Parent and Family Relations sponsors Parent and Family Weekend each fall and Sibs & Kids Weekend each spring. Parent and Family Weekend features three days of great events for the whole family to connect with Ohio State. During Sibs & Kids Weekend, Ohio State students can invite any younger sibling, niece, nephew, cousin or friend of the family to experience the excitement of Ohio State and some special events planned just for them. Go to **parent.osu.edu** for more details.

There are hundreds of events planned by student organizations each year. You can find a calendar of those events at **activities.osu.edu/events. aspx** that gets updated constantly, so be sure to bookmark it!





# COMMUNITY ENGAGED LEARNING

In fulfillment of the university's mission, "education for citizenship," Ohio State students have numerous opportunities to connect with communities, engage in social justice issues and develop skills for active citizenship. Student Activities offers a variety of programs designed to help students engage at a local, national and global level with diverse communities. Service and Outreach programs can include a variety of time commitments from service events that last one day, one full week or an entire school year.





## Here are some of Ohio State's great service opportunities:

#### **Pay It Forward**

A student cohort within the Office of Student Life, Pay it Forward, is committed to instilling a life-long passion in Ohio State students for 'paying it forward.' They make giving back easy by planning, implementing and connecting students and organizations to service initiatives on campus and within the Columbus community.

Pay It Forward provides a variety of service opportunities for Ohio State students, including:

**Community Commitment:** A single-day, campus-wide service event held annually during Welcome Week. Students serve alongside fellow Buckeyes at sites across Columbus.

**Battle Against Hunger:** Is a month-long program aimed at creating awareness of issues surrounding food insecurity through food drives, service and educational events. Students can get involved by hosting a food drive during November and through service experiences at Columbus-based nonprofits.

**MLK Day of Service:** More than 1,000 students come together to celebrate the life of Dr. Martin Luther King, Jr. in this annual, single-day service event.

For more information about Pay It Forward's events and opportunities, or about joining the cohort, visit: **payitforward.osu.edu.** 

#### **Buck-I-SERV**

Buck-I-SERV is Ohio State's alternative break program. Part of the Office of Student Life, Buck-I-SERV sends over 1,100 students on week-long service trips across the country and internationally. Trips are held during winter, spring and summer breaks and focus on a variety of social issues including poverty, hunger, environmental needs, education, immigration, HIV/AIDS and more.

For more information, visit: **buckiserv.osu.edu** 



#### **OSU Votes**

A non-partisan, student-led effort around civic engagement, OSU Votes registers, educates and encourages students to vote as part of being an active citizen. For more information, visit **go.osu.edu/osuvotes.** 

#### **Service-Learning Courses**

Service-Learning Courses provide a hands-on way for students to become engaged with classroom material. Students will learn about issues in a classroom environment and then connect with those issues by contributing to the community through volunteer service.

For more information about service-learning courses, visit: u.osu.edu/servicelearning

twitter.com/PayItForwardOSU facebook.com/pifosu



# CULTURAL ENGAGEMENT

## What's Your Story?

Getting involved with the incredibly vibrant diversity of the Ohio State student population means being willing to learn about the culture of those that might have grown up with a different experience, but it also means being willing to share your own story with others.

Learning a new cultural perspective can take place where you live, where you study and take classes, within a student organization or at any of the hundreds of cultural events that occur on campus every year. These pages describe some of those important events. For more information on diversity at Ohio State, see osu.edu/diversity.

#### **Student Life Multicultural Center**

The Student Life Multicultural Center (MCC) occupies a beautiful space on the first floor of the Ohio Union lantern tower that shines a light on this space where everyone is welcome. Operating a safe and inclusive space on campus serves as a center for intercultural dialogue, learning and community building. The Multicultural Center focuses its programs and services on three themes: advocacy and visibility, education and empowerment, and support and belonging. For more information about all of the ways you can get involved, visit **mcc.osu.edu.** 

#### Latinx Early Arrival Program (LEAP)

The Latinx Early Arrival Program (LEAP) is four-day program for first year Latinx that provides mentors, connections, and support throughout the academic year. First-year Latinx students will have the opportunity to network with the Latinx community within both Ohio State and the Columbus area. Students will be paired with an upper-class peer mentor to support their journey throughout the first year. We invite you to take LEAP into our Buckeye familia and learn about resources for your academic and personal success!

#### Alternative Thanksgiving

Alternative Thanksgiving is an open alternative event to the Thanksgiving national holiday. This event gives Native American/ Indigenous students an opportunity to create/nurture their Ohio State community as they would if they were at home within their tribal communities whether in an urban, reservation or traditional lands space. This is an event where friends and allies will learn about history and traditions of Native American/Indigenous peoples at the time of contact and differing viewpoints. Traditional Indigenous foods will be served. To assure enough food, this is an RSVP event. Please contact Melissa Jacob, jacob.197@osu.edu.

#### African American Heritage Festival

The African American Heritage Festival is one of Ohio State's Signature Events intended to celebrate, educate, impact and promote cultural awareness while commemorating the legacy of the African American experience. It is an eight-day festival sponsored by the Student Life Multicultural Center that takes place during spring semester. Any student can become a part of the leadership team to plan the events of the week. Past events included artistic entertainment, concerts, educational summits, community building, service learning events and much more! To learn more about the festival and how to become a part of the leadership team, visit **mcc.osu.edu** and **heritagefestival.osu.edu**.



#### Asian Pacific Islander Desi American Heritage Month

The Student Life Multicultural Center sponsors this major month-long APIDA celebration each year, bringing together student and community groups across a wide diversity of cultures and traditions. During this month, they encourage the campus community to explore issues related to Asian Pacific Americans, through a multitude of cultural, social and educational events. Asian Pacific Islander Desi American Heritage Month is co-sponsored by the Asian American Association, South Asian Student Association and Asian American Studies. For more information, visit **mcc.osu.edu**.

#### **Student Cohort Groups**

Student Cohort groups of the Student Life Multicultural Center focus on intersections between identities, community building, personal development and leadership. The groups are implemented with the support of student leaders, professional staff and in partnership with student organizations and other campus resources. These include the APIDA Cohort, Native American and Indigenous Peoples Cohort, LGBTQ Dialogue Communities, African American Leadership Council, Latino Student Association, Advocates for Inclusion, CASA Cohort and Diversity, and the Women's Cohorts.

#### **Heritage and Awareness Events**

Heritage and Awareness Events are the hallmark programs of the Student Life Multicultural Center and demonstrate a strong tradition of honoring historical contexts, exploring culturally significant events and raising visibility of under-represented groups. Our intercultural format invites students of all backgrounds and experiences to take part in celebrations such as Latino History Month, National Coming Out Day, OSUnidos Awareness Week, Indigenous Peoples Day, Transgender Day of Visibility, Asian Pacific American Heritage Month, United Black World Month and Women's History Month.





# CULTURAL ENGAGEMENT, CONT'D

#### Week of Action

Week of Action is an initiative of the Student Life Multicultural Center that seeks to reach out to the entire Ohio State campus community in an effort to encourage students, staff and faculty to stand up with and advocate on behalf of people who are of a different race, ethnicity, sexual orientation, religious or spiritual identity, gender identity/ expression, socioeconomic class or other social identity different than their own. Each of the week's events and programs are heavily focused on the themes of awareness, education and action.

#### **The Revolution**

The Revolution is a weekend retreat facilitated by the Student Life Multicultural Center, wherein participants come together to create more connections and meaningfully engage with student leaders around campus committed to diversity and social justice work. Together, we share a transformative experience in which we are able to deeply and meaningfully explore the significance of our and others' social identities, and learn about ways we can advocate for each other, ultimately working toward positive social change not only on our campus, but also in the greater community.

#### The Safe Zone Project

The Safe Zone Project with the Student Life Multicultural Center aims to raise awareness and discuss ways to make the spaces we live, and work in, more welcoming and inclusive of LGBTQ people. This interactive training provides a forum for sharing of information, breaking down stereotypes and opening up dialogue. This includes an overview of information to increase awareness, knowledge and understanding about sexual orientation and gender identity and expression.

#### **Social Justice Engagement**

Social Justice Engagement at the Student Life Multicultural Center is a social justice and intercultural diversity education program at The Ohio State University. SJE works proactively to promote understanding of intergroup relations inside and outside of the classroom through dialogues, workshops and trainings. SJE's mission is to promote inclusive intergroup learning and to facilitate improved group dynamics through these co-curricular educational opportunities. SJE initiatives include our Diversity, Intercultural, and Community Engagement (DICE) program (see page 18 for more information), Alonso Family Dialogue Series, Buck-Identity Workshops, and other exciting programing.

#### **Crossing Identity Boundaries**

(ES HESA 2577) Crossing Identity Boundaries: A Journey Towards Intercultural Leadership is a three-credit course designed to bring together students from different cultural and social identity groups in a facilitated learning environment. Interactive dialogues engage students in exploring issues of diversity and inequality as well as their personal and social responsibility for building a more just university and society. Students gain valuable leadership skills that they can effectively utilize long beyond the classroom. Classes are offered every Fall and Spring Semester. For more information, visit **go.osu.edu/cib**.



#### **Diversity, Intercultural and Community Engagement Certificate**

DICE is a certificate earning program for undergraduate, graduate and professional students interested in enhancing their Ohio State experience through co-curricular involvement focused on diversity, social justice, and leadership. Through this program, students gain valuable skills in leadership and diversity. DICE provides diversity training through experiential learning and serves as a unique way of supporting student identity and interpersonal development. DICE students will receive a certificate in Diversity, Intercultural and Community Engagement at the end of the academic year. This certificate will verify to employers and graduate schools that recipients are prepared to live and work in a diverse environment and are committed to improving their communities. For more information on how to become a part of this program, visit **go.osu.edu/dice**.

#### **Women Student Initiatives**

Women Student Initiatives provides intersectional and inclusive programming for all women and women-identifying people. WSI works to support and encourage students to grow personally and professionally while recognizing, honoring and celebrating differences in identity. Our programming includes cohorts, social events, and Women's History Month with a variety of topics related to mentorship, advocacy, leadership development and civic engagement. Learn more at women.osu.edu.

#### **National Pan-Hellenic Council (NPHC) Step Show**

The NPHC Step Show is a showcase of dance tradition that is a fusion of African routines and contemporary dance moves. The show features Ohio State Greeks and also includes Greeks from other universities nationwide. It is held every Spring semester during Greek Week. See **sororityandfraternitylife.osu.edu** for more information.

#### **The Hale Center**

The Frank W. Hale, Jr. Black Cultural Center hosts supportive programs and activities for all of the university community with an emphasis on the development and advancement of Black students. Some of the Hale Center programs include lectures, cultural activities, cook-outs, workshops and other events to promote cultural and social education for students. The Hale Center has one of the largest collections of African and African American art in the country! For more history and information on the Hale Center, visit **odi.osu.edu.** 

#### **Hagerty Hall**

Hagerty Hall houses the departments that include language, literature and culture courses. Throughout the building, cultural art can be found. There are frequent competitions for showcasing student photography from their personal traveling experiences. The first floor features the World Media and Culture Center (WMCC) which incorporates many cutting edge multimedia materials useful in learning languages, culture and navigating the international world. The WMCC includes computer and video conference centers, classrooms and studios. Hagerty is also home to CraneCafé where students can go to eat, watch international programming, learn and practice languages and more.

#### **Fun Facts**

- Make sure to check out the wide variety of community cultural celebrations that happen in Columbus every year: **experiencecolumbus.com**.
- The Office of Diversity and Inclusion and the Office of the President sponsor a Diversity Lecture Series every year. Speakers come to campus to address the issues of diversity at Ohio State, in the community and worldwide.
- The Wexner Center for the Arts welcomes traveling exhibitions and performers from all over the world. Many of these events have an emphasis on diversity and cultural engagement.
- D-Tix is funded by the Student Activity Fee to offer discount tickets to events around the city. Many events that come to Columbus have a diversity component. For more information, see **dtix.osu.edu**.







# EXPLORING COLUMBUS

One of the great benefits of living in the 14th largest city in the United States is that you have the culture, arts, sports, shopping, metro parks and great restaurants of a major metropolitan area within a reasonable walk or bus ride from campus. Take advantage of everything Columbus has to offer and let Student Life's D-Tix program help you do it on a college student's budget.

#### The Discount Ticket Program at the Ohio Union (D-Tix)

Funded by the Student Activity Fee, Student Life's Discount Ticket Program is offered exclusively to Ohio State students to provide undergraduate, graduate and professional students access to hundreds of events at a discounted rate. Students also have an opportunity to experience trips to surrounding areas of Columbus at a great price.

Students can get their Discounted Tickets at the Information Center in the Ohio Union. Select ticketed events require online registration through the D-Tix Lottery System. Be sure to check out the D-Tix website and sign up for weekly e-mail updates at **ditx.osu.edu**. You can also contact D-Tix at 614-688-INFO (4636).

Some examples of general discounts available weekly include: Columbus Museum of Art, COSI, Columbus Zoo, Franklin Park Conservatory, Funny Bone Comedy Club, Shadow Box Cabaret, SegAway Tours of Columbus, Rock N' Roll Hall of Fame (Cleveland, OH), Columbus Food Adventure Tours and many more. Other lottery events offered through D-Tix online registration include: Columbus Crew SC, Columbus Blue Jackets, Columbus Clippers, Columbus Symphony and Jazz Orchestras, Balletmet, Broadway Across America and other special events at venues such as Value City Arena, Nationwide Arena, Express LIVE and the Newport Music Hall.

Experience Columbus Get a complete overview of all the great things to do in Columbus at experiencecolumbus.com.

#### **Performing Arts**

Columbus Association for the Performing Arts—CAPA, as it is known locally—owns and operates three beautifully restored theatres in downtown Columbus: Ohio, Palace and Southern. The theatres are home to organizations such as The Columbus Symphony, BalletMet, Opera Columbus, Broadway Across America—Columbus, Columbus Jazz Orchestra and ProMusica Chamber Orchestra. In addition, CAPA operates three theatres in the Riffe Center, also located downtown. Companies that make the Riffe Center their home include the Contemporary American Theatre Company (CATCO) and Phoenix Theatre Circle (family theater).

#### **Sports**

Columbus has made its mark in many sports. The Columbus Crew is one of Major League Soccer's first teams, and they play in Mapfre Stadium, the first American stadium built specifically for soccer. Nationwide Arena is the home of the National Hockey League's Columbus Blue Jackets. Just down Nationwide Boulevard from the arena is the site of Huntington Park, home of the Cleveland Indians' Triple-A baseball club, the Columbus Clippers. Columbus is also home to the PGA Champion Jack Nicklaus and a golf course he designed and built in nearby Dublin—the Muirfield Village Golf Club—that hosts the PGA Memorial Tournament. For more information on these events and other amateur, collegiate and professional sporting events coming to town, visit the Greater Columbus Sports Commission at **columbussports.org.** 



## **Entertainment Districts**

Arena District: The Arena District is an area in the northern part of downtown that surrounds Nationwide Arena, home of the Columbus Blue Jackets NHL Hockey team. Enjoy dining before or after the game. Also in the district are Express LIVE, an indoor/outdoor concert venue, and many unique entertainment and dining options.

German Village: German Village is a beautiful historic district on the southern edge of downtown Columbus. Most striking is the architecture of the impeccably kept brick homes and streets. Gardens and parks are sprinkled throughout the pedestrian-friendly area. Enjoy the sites of German Village on a walking tour, or the smells and tastes in terrific restaurants, delis and coffee shops. Art galleries and craft stores are also great spots for shopping.

Each June, German Village hosts the annual Haus and Garten Tour providing the community the chance to look inside the doors and fences of the village's homes. The smell of bratwurst and sauerkraut fill the air during German Village Oktoberfest.

Short North: The Short North Arts District is a vibrant, eclectic area just north of downtown Columbus, primarily along High Street. It is an area full of galleries, boutiques, restaurants and housing. Art infuses the area from exhibits in galleries and restaurants to the murals that decorate the streetscapes. There are many retailers lining High Street that satisfy all tastes.

Every first Saturday of the month, the Short North welcomes crowds from all over Columbus to Gallery Hop. An evening of browsing through galleries and shops and experiencing the dining and nightlife of the area is a landmark event for the area. Holiday Hop in December brings holiday cheer to the district, an event not to miss!

## **Bus Routes**

Downtown Columbus is just a bus ride away! By simply swiping your BuckID, you can take the COTA (Central Ohio Transit Authority) bus right down town. With convenient locations along High Street, COTA will take you and your friends straight to the fun and entertainment of vibrant Columbus. Find a complete bus schedule at **www.cota.com**.



# GOVERNANCE ORGANIZATIONS

If you know that you want to advocate for students and create change on campus, being involved in a governance organization may be a great involvement path for you!

#### **Residence Hall Councils**

Being part of your hall council can give you a great opportunity to create programming and positive change within your residence hall. Many times these positions require you to be elected at the beginning of the year to represent your constituency, usually your floor or wing. Look for advertisements at the beginning of the year or ask your Resident Advisor about the opportunities for your specific hall council.

#### The Hall Councils are broken down by the following residential areas:

Archer-Torres Hall Council Baker East Residence Hall Council Baker West Residence Hall Council Barrett-Nosker Hall Council Blackburn-Haverfield Hall Council Bowen Hall Council Bradley-Paterson Residence Hall Council Busch-Halloran Hall Council Canfield Hall Council Drackett Hall Council Hall Complex Hall Council Jones Hall Council Lawrence Hall Council Lincoln Hall Council Mack Hall Council Morrill Tower Hall Council Morrison Hall Council Park-Stradley Hall Council Raney Activities and Program Residence on 10th Hall Council Scott-Norton-Mendoza Hall Council Siebert Hall Council Smith-Steeb Hall Council Taylor Tower Hall Council

#### **Residence Halls Advisory Council (RHAC)**

RHAC serves as the governance organization for all Residence Hall Councils on campus. Students involved in RHAC are provided many leadership experiences both on campus and nationally. RHAC works closely with University Housing and Dining Services administration and the Resident Advisor staff to ensure the "premier residence hall experience and environment for all Ohio State University students." This goal can be achieved through student advocacy, programming, promoting student leadership and involvement.

#### **Undergraduate Student Government (USG)**

USG is made up of an Executive Cabinet, a General Assembly and a Judicial Panel. If you'd like to get involved with any of the three, visit usg.osu.edu to find out more. You can apply to join USG as a committee representative at the beginning of each semester or run for an elected position in the spring. The Executive Cabinet consists of an elected President and Vice President, who serve as the main spokespeople of undergraduate students at Ohio State. They appoint committee directors to help improve and create university policies, events and activities to benefit students. The General Assembly consists of elected senators, who are chosen by students to represent various living areas, colleges and the regional campuses. General Assembly members are expected to discuss issues and concerns with their constituents, create legislation representing the needs and desires of students, work on individual projects benefitting their constituents and serve on a variety of University Senate committees. Finally, the USG Judicial Panel consists of justices who run the USG elections and deal with interpreting and upholding the USG constitution and by-laws.

#### **Council of Graduate Students (CGS)**

CGS is the student government for the approximately 10,000 graduate students at The Ohio State University. The council directly serves and supports graduate students and the university community in a number of ways, including:

- Officially representing graduate student interests in university governance through the appointment of over 200 graduate students to university committees.
- Providing an outlet for the graduate student community to discuss and engage issues related to their interests at the university.
- Providing a forum for graduate student research.
- Providing travel funds for professional development.
- Seeking competitive compensation and benefits for graduate students.
- Planning special events for graduate students.

Learn more about CGS at **cgs.osu.edu.** 

#### The Inter-Professional Council (IPC)

IPC is a representative body of all 3,000 professional students in the colleges of Dentistry, Law, Medicine, Optometry, Pharmacy and Veterinary Medicine. The 36 Senators and Justices are elected representatives, however all professional students are automatically members of IPC. Visit **ipc.osu.edu** for more information.







## HONORARIES AND HONOR SOCIETIES

The class honoraries recognize students who have made strides in scholarship, leadership and service all while creating an opportunity for students from around campus to come together for a common cause. Most honoraries offer additional opportunities for community service as well as to raise money for specific philanthropies. Look for class honorary applications to come out in the beginning of spring semester.

> FIRST YEAR: Alpha Lambda Delta / Phi Eta Sigma SOPHOMORE: Romophos, Mirrors JUNIOR: Bucket and Dipper, Chimes SENIOR: SPHINX, Mortar Board

You can find out more about class honoraries by visiting the individual organizations' websites (see the student organization directory on-line at **getinvolved.osu.edu**)

## Academic

Academic honoraries and honor societies serve as a way for each college or program to showcase students within their emphasis. Academic honor societies generally have a pre-professional focus and thus create opportunities for many of their members to learn more about their chosen profession. Ask your academic advisor if your college has one or more academic honoraries and when and how their application process begins.

#### Here are a few examples of academic honor societies at Ohio State:

Alpha Epsilon: Agriculture, Food, Biological Engineers Alpha Epsilon Delta: National Pre-Medical Honor Society Alpha Kappa Delta: Sociology Alpha Psi Omega: Theatre Alpha Zeta Partners: Agriculture Chi Epsilon: Civil Engineering Golden Key International Honor Society: General Academic Helix Tri-Beta: Biological Sciences Triota: Women's Studies Kappa Theta Epsilon: Internship and Co-op experience Lambda Psi Minority Engineering Honorary: Minorities within the College of Engineering National Society of Collegiate Scholars: First and Second Year Students Phi Alpha Theta: History Phi Delta Epsilon: Pre-medicine Phi Upsilon Omicron: College of Human Ecology Pi Alpha Xi: Horticulture Pi Tau Sigma: Engineering Psi Chi: Psychology Rho Chi: Pharmacy Sigma Gamma Tau: Aeronautics and Astronautics Tau Beta Pi: Engineering Texnikoi: Engineering Towers Agricultural Honorary: Agriculture Upsilon Pi Epsilon: Computer Sciences

## Some honor societies aren't associated with specific academic programs. Examples include:

Arnold Air Society–General Curtis E. LeMay Squadron: Air Force ROTC Order of Omega: Members of the Greek (sorority and fraternity) community Pershing Rifles Company: Military Sullivant Society: Leadership Honor Society of Phi Kappa Phi: General academic



# INTERNATIONAL EDUCATION

An important part of an Ohio State education is getting involved in things that help you understand what it means to live in a global community. The Office of International Affairs advances learning and scholarship across cultures and builds respect among different peoples. Here are some of the best ways to get involved with the international community.

Office of International Affairs | 140 Enarson Classroom Building

2009 Millikin Road | 614-292-6101 | oia@osu.edu | oia.osu.edu

facebook.com/InternationalAffairsatOhioState

#### **Education Abroad Expo**

Students can explore many opportunities to learn in another country at the Office of International Affairs' Education Abroad Expo that happens every September. The Education Abroad Expo showcases 100 different programs in a wide variety of disciplines and countries that support and complement students' progress in their curriculum. To learn more visit **oia.osu.edu/education-abroad**.

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#### **International Education Week**

Ohio State always celebrates diversity and welcomes the exchange of ideas and cultures, but there is a special emphasis during International Education Week in November, a joint initiative established by the U.S Department of State and the U.S. Department of Education. Participate in the many international events occurring on campus that week to broaden your awareness and world view. To learn more, visit **go.osu.edu/international-education-week.** 

#### **Taste of OSU**

The Office of International Affairs teams up with more than 30 student organizations to prepare an evening of international food, cultural exhibits and performances for the campus community. Taste of OSU offers an exciting, fun environment and is a wonderful opportunity to learn about other cultures and share your own. To learn more visit **oia.osu.edu/taste-of-osu.** 

#### **English Conversation Program**

The English Conversation Program (ECP) is a wonderful opportunity for international and domestic students to expand their world views, improve their intercultural communication skills and make new friends. Students meet in groups throughout the year to practice conversation, attend workshops and participate in a variety of activities around Columbus. Learn more and apply at **go.osu.edu/ECProgram.** 

#### **Global Engagement Events**

The Global Engagement team at the Office of International Affairs provides opportunities for international and domestic students to experience the diverse culture at Ohio State. There a variety of programs and activities throughout the year that students can get involved in:

#### **Global Engagement Night**

An hour-long program for cross-cultural discussion on topics affecting all college students. Meets every Tuesday at 6 p.m. when classes are in session. **go.osu.edu/GlobalEngagementNight** 

#### Film Series

Students can watch free screenings of international films at the Gateway Film Center with their BuckID. Films are shown very fourth Wednesday of the month at 7 p.m.

#### Social Events

Each month, students have the opportunity to participate in fun social events for free to meet new people and get globally engaged. Follow Global Engagement on Facebook to stay updated, facebook.com/GlobalEnagagementatOhioState.

#### **Nationality Organizations**

If you have an interest in a particular nationality, you can join or attend events put on by groups like the Indian Student Association, the Chinese Student and Scholar Society or the Turkish Student Association. Look for more nationality clubs in the Student Organizations section of this guide!



# LEADERSHIP DEVELOPMENT

Every student has the potential to be a leader. The Office of Student Life views leadership as a lifelong process of learning and growth, and offers a variety of programs to support student's learning and development. By practicing leadership skills, students will be more prepared to work with teams, create positive change, transition to careers and graduate programs and understand their own values and motivations. Here you can find just a few of the many opportunities for students to learn about leadership and gain valuable experiences. Learn more by visiting activities.osu.edu/involvement/leadership\_development

#### Leadership Workshops

Student Activities offers leadership development workshops throughout the year. There are a number of workshops on topics including leadership theory, teambuilding, communication, resiliency, time management, and more. These sessions are open for any interested student as a part of the LEAD Series (Leaders Engaging in Action for Development). Information is available at go.osu.edu/leadership development. We also offer workshops on-request to Ohio State affiliated groups. To request a workshop, as well as other support provided by Student Activities,

visit activities.osu.edu/involvement/student\_activities\_resour/

#### **Leadership Week**

Leadership Week is a university-wide collaboration to strengthen the culture of student leadership at Ohio State. Whether you have lots of leadership experience or are new to the concept, we encourage you to attend at least one event to strengthen your leadership abilities. Programs will be offered in line with one of several themes: personal exploration, community engagement, wellness, inclusion, and career preparation. Leadership Week programs are designed to make leadership more inclusive and accessible to all Ohio State students, challenge stereotypes and myths about leadership, inform students about the various leadership education resources that already exist at Ohio State and in Columbus, and help students apply leadership tenets to their personal lives, majors, and career. For more information, visit **go.osu.edu/leadershipweek.** 

#### **Student Leadership Advocates**

Student Leadership Advocates (SLA) is a peer leadership cohort program supported by Student Activities. SLAs receive training on a variety of leadership development competencies and are trained to facilitate workshops, activities and retreats for other students on campus. Each year SLA facilitates to more than 100 organizations. Information about applications for SLA and other student cohorts will be available at the end of Autumn semester for students to join Spring 2020. Students can request an SLA workshop at any time. Learn more at **sla.osu.edu**.

#### **Leadership Classes**

The undergraduate minor in Leadership Studies provides students with knowledge of leadership theories, principles and concepts to prepare them for success at Ohio State and beyond. All students are eligible to enroll in leadership classes. The minor is structured to help students explore personal leadership, team and organizational leadership, community leadership, and ethics and diversity. In addition to coursework, students who pursue the minor will also complete a leadership practicum to bridge in-class learning with out-of-class experiences. Visit **activities.osu.edu/involvement/leadership\_development/academic\_courses/** to learn more about leadership classes.

#### LeaderShape

Ohio State partners with LeaderShape, an organization whose vision is to develop "a just, caring, and thriving world where all lead with integrity and a healthy disregard for the impossible" for a variety of leadership development programs throughout the year. During Leadership Week in October, you can participate in Catalyst, a one-day program focused on learning to develop your own authentic path, connecting to groups and causes you care about, and committing to a plan to be a catalyst for yourself and the groups you're part of. Each summer we also support students to attend a national session of the six-day LeaderShape Institute and connect with other student leaders from across the country. Visit **leadershape.osu.edu** for more information.

#### **Buckeye Leadership Fellows**

The Buckeye Leadership Fellows program is a two-year, interdisciplinary leadership development program that provides transformative real world experiences for Ohio State Buckeyes. BLF is the Office of Student Life's signature leadership experience which engages Fellows in rigorous personal, professional and leadership activities through collaborative partnerships, experiential learning and continuous mentorship and networking. Program highlights include professional and developmental workshops, leadership challenges with corporate and non-profit organizations, cultural immersion experiences and legacy projects. Applications are open from August-October at **blf.osu.edu**.

#### Leadership Awards

Over the past 50 years, The Ohio State University has recognized hundreds of students, advisors and organizations who demonstrate leadership, collaboration and a commitment to the Ohio State community. Award categories recognize individual accomplishments, as well as the work of student organizations. Applications will be available at the end of Autumn semester and will be due early February. The awards celebration is held annually in April. Consider nominating a deserving Buckeye or apply for an award yourself! Learn more by visiting **go.osu.edu/leadershipawards.** 





## RECREATIONAL SPORTS

Begin a life in motion through Student Life's Recreational Sports! Rec Sports offers Ohio State students the opportunity to live active and meaningful lives while on campus. Rec Sports is enhanced by its award-winning indoor and outdoor facilities, including six indoor locations-the Recreation and Physical Activity Center (RPAC), Jesse **Owens Recreational Centers (JORC), Adventure Recreation Center** (ARC) and the North Recreation Center -- and more than 90 acres of outdoor parks, courts and fields.

Make the most of your fee and have fun doing what you love at Ohio State Rec Sports:

- Free group fitness classes
- Five pools, spa and two saunas
- Indoor/outdoor tennis
- Over 570 pieces of state-of-the-art fitness equipment
- Gaming, lounge, study and leisure space
- · Free basketball, squash, badminton, volleyball, disc and racquet check out
- Student meeting and event space
- Flag football, baseball/softball, cricket fields and pitches
- Jogging paths
- · Family hours and children's programming
- School year and summer day camps
- Spouse, domestic partner and dependent memberships available

#### Enjoy these other programs and services Rec Sports offers:

Group Fitness Group fitness classes are a fun way to burn calories! Rec Sports offers more than 100 classes each week, ranging from ZUMBA®, cardio and weights, to abs, kickboxing and more. Classes are FREE to students who pay the dedicated Rec Sports fee. The schedule changes by semester and can be found at go.osu.edu/groupfitness.

Personal Training Meet your fitness goals with the help of a personal trainer. Our personal training program offers one-on-one training, group training, free equipment orientations and assessments to help you reach your fitness potential.

Intramural Sports If you played sports in high school and want to continue your involvement, look to intramural sports! Play an old favorite like softball or basketball or participate in a new sport such as ice hockey or wallyball. See go.osu.edu/intramurals for registration dates.

Sport Clubs Sport Clubs bridge the gap between intramural and intercollegiate athletics by providing competition at specialized levels, participating in tournaments and arranging opportunities to practice. The level of competition varies depending on the club. With 60 clubs, there's a variety to choose from! View a list of Sports Clubs in the online Student Organization directory or visit go.osu.edu/sportclubs.

Outdoor Adventure Get out of the city for a weekend or learn a new outdoor skill! The Outdoor Adventure Center (OAC), located within the ARC, plans adventure trips and clinics each semester. Trips range from one-day backpacking excursions to longer sea kayaking and caving journeys. The OAC also offers diverse clinics such as rappelling, top rope belay and lead climbing to help hone or learn new skills. View the trip and clinic schedule at go.osu.edu/adventure.

Open Recreation Want to play drop-in badminton, squash, racquetball, basketball, volleyball or climb? There are many ways to participate in open recreation at the ARC, RPAC, the OAC, NRC and the JORCs.

Adapted Recreational Sports Adapted Recreational Sports (ARS) offers individuals with disabilities opportunities to remain physically active while meeting others and reaching out to the community.

Employment Opportunities Rec Sports offers a variety of employment opportunities in the following areas:

- ٠ Aquatics
- Adapted Recreation
- **Community Programs**
- Facility Operations

Apply online at recsports.osu.edu.

facebook.com/ohiostaterecsports

@OSURec



Intramural Sports

Member Services

Sport Clubs

Outdoor Adventure Center





## **RESEARCH** AND CURRICULAR INVOLVEMENT

#### Being a part of Undergraduate Research at Ohio State is an enriching experience for any and all students. You do not need to have a scientific background to do research!

Research can come in the form of new, unique ideas or assisting graduate and professional students and professors with their already-started research. Research programs can be done as a part of your course schedule, independently, as an internship or even as a study abroad program. Worried about funding research? There are many opportunities to be awarded a grant or scholarship to conduct your research.

Where should you start? There are many means to beginning your involvement in research both in your major and outside of it.

- All students are encouraged to attend a research forum to discover what research is already out there that might interest you.
- Visit the college and department websites to further investigate the research opportunities they offer.
- Talk to professors! Most professors are active in research and if not, they have contact information for those who are. If a certain class or professor interests you, approach them about assisting in their research.
- If you are interested in research related to your major, speak with your academic advisor to see what the department offers.

Visit ugresearch.osu.edu to find more information!

**Undergraduate Research and Creative Inquiry** The Office of Undergraduate Research and Creative Inquiry is a resource for students to find help with research. OUR&CI coordinates opportunities in their office and through their website and events. They inform students about how to get started, present their research and find resources, like grant funding. They connect students with advisors, staff, fellows, faculty and others involved with research. Learn more at **ugresearch.osu.edu** 

**Byrd Polar** The Byrd Polar Research Center (BPCRC) is an international leader in polar and alpine research. For more information, see **bpcrc.osu.edu**.

**Stone Lab** The Franz Theodore Stone Laboratory, located on Gibraltar Island in Put-in-Bay harbor, is the Lake Erie teaching and research laboratory. To find out more, visit **stonelab.osu.edu.** 

Denman Undergraduate Research Forum The Denman

Undergraduate Research Forum provides an opportunity for students to showcase their personal research. It is open to all undergraduate students of every major. Every year, hundreds of students come together to present their work to judges and the Ohio State community. Students participate in the Denman to increase their understanding of their research, network with peers, faculty and corporate judges, learn about internships and jobs, win cash prizes and more. Go to **denman.osu.edu** to get more information!

# SORORITY AND FRATERNITY LIFE

The Ohio State University's sorority and fraternity community is one of the most time-honored traditions of the university. Composed of over 65 chapters among four student-led governing councils, Ohio State's sorority and fraternity community provides current students with opportunities to develop as leaders, serve the campus and Columbus communities and make lifelong friendships. Academic success, leadership development, social networking and citizenship among members remain the hallmarks of a community that has existed at Ohio State for over 140 years.

Membership in a Greek organization provides opportunities for students to be successful in their college lives, both inside and outside the classroom. The all-Greek GPA at Ohio State has been above the all-campus average for 42 consecutive academic terms. Collectively, the sorority and fraternity community contributed over 55,000 hours of hands-on community service and contributed nearly half a million dollars towards philanthropies in the last year alone. Sorority and fraternity life provides opportunities for leadership development with annual conferences on diversity and leadership training. With 33 social fraternities, 9 multicultural organizations, 8 historically black fraternities and sororities and 18 social sororities, the community offers a diverse experience for all students.

Students interested in fraternity and sorority life must complete 12 college credit hours and maintain a cumulative 2.50 GPA to be eligible to join any group. This membership process enables first year students to become acclimated to campus life and academic demands while affording opportunities to explore many groups and involvement opportunities. The formal recruitment, intake and joining process for both men and women begins in early January.

#### Interfraternity Council (IFC)

Interfraternity Council (IFC) is the governing body of 33 fraternities on campus. It exists to promote Greek life and serve collegians, alumni and potential Greek students on our campus and in the community.

#### **IFC** Fraternities

- Acacia
- Alpha Gamma Rho
- Alpha Gamma Sigma
- Alpha Kappa Lambda
- Alpha Sigma Phi
- Alpha Tau Omega
- Beta Theta Pi
- Chi Phi
- Delta Chi
- Delta Sigma Phi
- Delta Tau Delta
- Delta Theta Sigma
- Delta Upsilon
- FarmHouse
- Kappa Sigma
- Kappa Delta Rho
- Phi Delta Theta
- Phi Gamma Delta

#### Phi Kappa Tau

- Phi Sigma Kappa
- Pi Kappa Alpha
- Pi Kappa Phi
- Pi Lambda Phi
- Sigma Alpha Epsilon
- Sigma Chi
- Sigma Phi Epsilon
- Sigma Pi
- Sigma Tau Gama
- Theta Chi
- Theta Tau
- Theta Xi
- Triangle
- Zeta Beta Tau

#### Visit sfl.osu.edu for more information.

\* Individual organizations may have additional membership requirements for joining



#### **Multicultural Greek Council (MCGC)**

Multicultural Greek Council (MCGC) is the governing body for culturally based chapters at Ohio State. This council focuses on being cultural liaisons to the campus community and hosts events like cultural showcases, fundraising and community service projects.

#### **MCGC Organizations**

- Alpha Psi Lambda
- Omega Tau Zeta
- Delta Xi Phi
- Pi Delta Psi

• Sigma Lambda Beta

- Delta Phi Lambda
- Gamma Rho Lambda Sigma Lambda Gamma
- Kappa Phi Lambda
  - a Phi Lambda

#### National Pan-Hellenic Council (NPHC)

National Pan-Hellenic Council (NPHC) is the official coordinating agent for the six active historically Black Greek letter fraternities and sororities. NPHC and its member organizations have a profound commitment to providing community service and promoting the welfare of the campus and community.

#### **NPHC** Organizations

- Alpha Kappa Alpha
- Omega Psi Phi Phi Beta Sigma
- Alpha Phi Alpha
- Delta Sigma ThetaKappa Alpha Psi
- Sigma Gamma Rho
- Zeta Phi Beta

#### **Panhellenic Association (PHA)**

Panhellenic Association (PHA) exists to promote the values of and to serve as an advocate for its member groups in collaboration with those members, the campus and the community. PHA provides support and guidance for its 18 member inter/national sororities/women's fraternities and serves as the campus voice on contemporary issues of sorority life.

#### **PHA Sororities**

- Alpha Chi Omega
- Alpha Epsilon Phi
- Alpha Gamma Delta
- Alpha Omicron Pi
- Alpha Phi
- Alpha Sigma Upsilon
- Alpha Xi Delta •
- Chi Omega
- Delta Delta Delta

- Delta Gamma
- Delta Zeta
- Gamma Phi Beta
  - Kappa Kappa Gamma
  - Kappa Alpha Theta
  - Kappa Delta
  - Phi Sigma Rho
  - Pi Beta Phi
  - Zeta Tau Alpha







# SPIRITUALITY

Developing your spiritual life can give you a sense of purpose and help you figure out where you are most passionate in your professional, social and personal life. Spirituality is not religion, although they may act together, and its definition is different for everyone. Spirituality can help people find their place in the world while still keeping an open mind toward all beliefs.

#### **Student Wellness Center**

Student Life's Student Wellness Center, located in the RPAC, is a resource for students seeking wellness in all aspects of life. Among many other things, it is a resource for students exploring their spirituality. They offer spiritual counseling and group presentations. Visit the center at **swc.osu.edu**.

In working on the spiritual aspect of wellness, a wellness coach can help you find the resources you need at The Ohio State University and in the Columbus community. Your coach will meet with you for 45-minute sessions that are free and help you navigate and adjust to this complex college environment. Your coach will help you determine your own spiritual journey while learning about yourself and others. See **swc.osu. edu/wellness-initiatives/wellness-coaching** for more information.

#### **Religious and Spiritual Student Organizations**

There are dozens of student organizations founded on faithbased, spiritual, agnostic and atheist concepts and practices. To explore existing organizations, visit the online student organization directory at **getinvolved.osu.edu** and either enter keywords or do an advanced search and select "Religious/Spiritual."

#### **Ohio State Interfaith Association**

The Ohio State Interfaith Council is an organization that unites a wide variety of faith traditions, worldviews and spiritual communities of faith. Their goal is to promote spiritual wellness through understanding and respect of diverse spiritual beliefs by means of communication, awareness, dialogue, education and advocacy, both on campus and in the greater community.



f facebook.com/osuwellness



# STUDENT ORGANIZATIONS

More than 60 percent of Ohio State's 55,000+ Columbus campus students are involved in at least one student organization. There are more than 1,400 registered student organizations, ranging in size from 5 members to 600. The incredible variety of available groups to join is a direct reflection of Ohio State's diversity of students and interests.

#### Why Join a Student Organization?

Like the other ways to get involved detailed in this guide, joining a student organization is a great way to enrich your Ohio State student experience. By getting more involved, you can:

- Meet new people and make new friends
- Build your resume
- Gain leadership skills
- Get better grades
- Make a big school seem smaller

#### Where Can I Find Out About Student Organizations?

Our online student organization directory, which lists of the active organizations that you could join, is always changing as new organizations form and old organizations close. You can find the most up-to-date listing of all of the student organizations at

getinvolved.osu.edu or on the Discover OSU App. There are many ways that you can search the directory to find the right student organization for you.

#### Search by Category

When a student organization registers, they identify one primary category they feel best describes them. You can search the directory by those categories, listed below:

- Academic/College
- Awareness/Activism
- Community Service/Service Learning
- Creative and Performing Arts
- Ethnic/Cultural
- Governance Organizations
- Honoraries/Honor Societies
- Media, Journalism and Creative Writing
- Religious/Spiritual
- Social Fraternities/Sororities
- Special Interest
- Sports and Recreation
- Technology

#### Search by Primary Demographic

Organizations are also able to identify the primary demographic of their student organizations – undergraduate, graduate or professional – and you can search for organizations accordingly.

#### Search by Key Words

Interested in a particular sport or something from pop culture? Looking to connect with others who are studying the things as you or on the same career path? Want to find other people who share your secret talent? You can use key words to search the directory by name and purpose statement. (The shorter or more general the phrase, the more results you will likely have).

Other details to pay attention to when searching the directory Student organizations provide additional information about their organization that may be useful to you as you search. See what organizations are saying about their

- Membership dues (if any)
- Membership selection process (open, specific recruitment times, etc.)
- Regular meeting time/location
- Any website or social media presence they have

#### Can't Find What You are Looking For?

You are always able to start a new organization if the organization you are looking for is not yet active on campus. To do so, you will need to complete a new organization interest form online and then attend a New Organization Welcome meeting with Student Activities staff, who will guide you through the registration process.

#### How Can I Learn More?

#### Keith B. Key Center for Student Leadership and Service

When it comes to getting involved on the Columbus campus, the Keith B. Key Center for Student Leadership and Service, located on the second floor of the Ohio Union, is a great place to start. The "living room" of campus, the Center includes office and locker space for student organizations you can connect with, meeting rooms you can reserve and a resource room filled with supplies for students and student organizations, as well as a knowledgeable staff of students.

#### **Student Organization Success Coaches**

The Student Organization Success Coaches are a group of trained peer leaders who can help you in every stage of your student organization journey. If you are not sure where to start, meet with a Coach and let them help you navigate the student organization directory and the many involvement opportunities on campus. To learn more, you can visit **go.osu.edu/sosco.** 





# TIMELINE FOR GETTING INVOLVED

Every student chooses a different way to get involved and a different timeframe that suits their own schedule. Some find one or two things right away to start meeting people and getting acclimated. Others wait a few weeks or even a semester before jumping in. It's never too late to get involved, but the sooner you do, the sooner you start reaping the benefits.

Here's a timeline for some of the more popular ways students get involved... \*Note that deadlines are likely to change. Consult individual websites for most up to date information.

#### Autumn Semester

LeaderShape Institute: Held in August

Student Involvement Fair: Held during Welcome Week on the Sunday before autumn classes begin welcomeweek.osu.edu

Hall Councils: Elections to hall council positions are at the start of autumn semester (Check with your RA or hall director)

USG Committee Representatives: Application online beginning of autumn semester usg.osu.edu

OUAB: Applications due beginning of autumn semester ouab.osu.edu

Commuter Student Organization: Officer elections in early autumn semester offcampus.osu.edu

Basketball Tickets: Order basketball tickets in the beginning of autumn semester ohiostatebuckeyes.com

Participants/Dancers for BuckeyeThon: Sign up beginning autumn semester buckeyethon.osu.edu

Leadership Week: October 20-25

Buck-I-SERV Alternative Winter Break Trip Leader and Participant Applications: Available during October buckiserv.osu.edu

MLK Day of Service Site Leader Applications: Available in November payitforward.osu.edu

Buck-I-SERV Alternative Spring Break Trip Leader and Participant Applications: Available during November/December buckiserv.osu.edu

Panhellenic Association: Registration in late autumn to participate in sorority formal recruitment sororityandfraternitylife.osu.edu

Peer Leader Applications: Available at the end of autumn semester and generally due around the third week of January fye.osu.edu

Beanie Drake Scholarship: Application available at the end of autumn semester and due mid-February beanie.osu.edu

## **Spring Semester**

Leadership Awards: Applications available in January and due early February getinvolved.osu.edu

Resident Advisor: Applications due in January housing.osu.edu

SAC Scholarships: Typically come out the first or second week of January and are usually due around the end of January osu.edu/alumni/communities/sac/

LeaderShape: Applications available late January and due March leadershape.osu.edu

Class Honoraries: Applications out in January and due in February aosch.org

Major Campus Events Committee: Applications available in January and due in February, time commitment from March through the following April for selected students **ohiounion.osu.edu** 

BuckeyeThon Steering Committee & Morale Captains: Applications go out on the Monday following the event (February), and they are typically selected in March buckeyethon.osu.edu

Denman Undergraduate Research Forum: Applications out in January and due in March payitforward.osu.edu

Pay It Forward Committee Applications: Applications out in January and due mid-February ohiounion.osu.edu

Panhellenic Association Recruitment: January sororityandfraternitylife.osu.edu

Inter-Fraternity Council Fraternity Recruitment: Starting spring semester sororityandfraternitylife.osu.edu

Buckeye Greek Leadership Institute: Applications available in February and due mid-March sororityandfraternitylife.osu.edu

Greek Awards: Applications due mid-February sororityandfraternitylife.osu.edu

Greek Diversity Retreat: Sign up beginning spring semester sororityandfraternitylife.osu.edu

USG Elections: Petitions to run for an elected office are due in February. Elections are held in March usg.osu.edu

Homecoming Court: Applications available mid-March and are generally due in mid-April. The length of service on the Homecoming Court is a full year. homecoming.osu.edu

OWL Coordinator: Applications available at the beginning of spring semester housing.osu.edu

Denman Undergraduate Research Forum: The forum itself takes place in April denman.osu.edu

Leadership Awards: Ceremony held in mid-April getinvolved.osu.edu

Community Commitment Site Leader applications: Available spring/summer prior to August payitforward.osu.edu

Buck-I-SERV Alternative Summer Break Trip Leader and Participant Applications: Available in March buckiserv.osu.edu

RHAC: Elections for the Residence Halls Advisory Council executive board held during spring semester rhac.osu.edu

Community Ambassadors: Applications available spring semester offcampus.osu.edu

Football Tickets: Order student football tickets in late May/early June ohiostatebuckeyes.com

Intramural Sports: Sign up during the first full week of class each semester

## General

You can join most student organizations at any time of the year. Just look through the directory of registered student organizations online to find their websites, contact information and check their membership procedures. You can also register a new group at any time of the year at **getinvolved.osu.edu**.



## **ADVICE FOR** LETTERS OF RECOMMENDATION

Most students will need a letter of recommendation from a faculty or staff member sometime during their college years. Such letters are generally required for applications to graduate or professional school, as well as for many internships, awards, scholarships and jobs. It's never too soon to start thinking about them and building the relationships that lead to outstanding letters.

Most Ohio State faculty and staff members consider writing thoughtful and supportive letters an important part of their jobs and are happy to help students, but there are several things that can lead them to decline to write or do a less-than-stellar letter: (1) last-minute requests, (2) requests from students they do not know and (3) requests that do not include the information needed to do a good job.

Choose the letter writer carefully. The best letters come from the people who know you well in the context of the position you are applying for and who can speak specifically and sincerely about the qualities that make you the ideal candidate for the job, graduate program or scholarship. This is one of several very good reasons to get to know at least one, and preferably several, faculty in your major area. This is not "being a teacher's pet"– it means finding faculty with whom you share some intellectual or professional interests and developing a relationship that makes you stand out. Some suggestions include taking more than one of their classes and participating actively in them, pursuing opportunities to work with them on things such as research projects or student organizations related to the field and stopping by during their office hours a couple times a quarter to talk about the subject and your goals.

The best letters come from those who know you best, not necessarily those with the most "important" title. An assistant professor with whom you worked closely on a research project will probably write a more compelling letter than a dean you met once at a reception. For some jobs and awards, a staff member (such as your work supervisor or organization advisor) may be an appropriate choice.

Give the letter writer enough time and information to do a good job. Two weeks is the bare minimum in most cases and more time is always appreciated. Some faculty have their own guidelines (ask them!), but these are some generally applicable suggestions about what to include with your request:

- Your resume. It should include educational and work history, relevant extracurricular activities and awards and community and volunteer involvement.
- Description of the job or position you are seeking.
- Any requirements or suggestions by the employer or graduate program, including the name, title and address of the person to whom the letter should be addressed.
- Instructions about how and when the letter is to be sent. Often it must be sent directly to a particular person and/ or be accompanied by a form.
- Concise and specific reminders of the ways you have interacted with the letter writer. While Professor Smith may remember you well, it's still very helpful to remind her exactly which classes you were in and of your specific contributions to projects. Be sure to note experiences that tie directly to the position you are applying for.

Finally, don't forget to follow up. A thank you note that says, "I was admitted to law school," or, "I didn't get this job, but I'm still looking" will be appreciated and help ensure a favorable response if you need another letter later.

# THE TOP 50 THINGS TO DO BEFORE YOU GRADUATE

- 1 Get a picture of yourself with Brutus Buckeye
- 2 Attend a Student Involvement Fair
- 3 Dance for the kids at BuckeyeThon
- 4 Study abroad
- Join a student organization
- 6 Walk the Long Walk
- Attend at least one football game and at least one other Ohio State sporting event
- 8 Laugh your head off at an OUAB comedy event
- Find a staff member, a professor or an upperclassman to be your mentor
- O Get D-Tix tickets to at least one event in Columbus
- Over the term of te
- Attend a Skull Session
- Build a float for the Homecoming Parade or watch the Parade with friends
- 6 Go on a Buck-I-SERV Alternative Break Trip
- Participate in Community Commitment
- 6 Follow the Buckeye football team to an away game or a bowl game
- Sing the Buckeye Battle Cry with 105,000 friends
- Yell "O-H" into a crowd
- 19 Walk through the Buckeye Grove
- 20 Make your own buckeye necklace
- 2) Sit next to Bronze Brutus at the Ohio Union
- Peed the ducks at Mirror Lake
- 23 Ride a CABS Bus
- 29 Try at least one intramural sport
- Try one of the exclusive late night milkshake flavors at Sloopy's Diner

- Decorate your off-campus house for "Light Up the Night" at the end of autumn semester
- Participate in a major service project
- Rub the head of the bust statue of William Oxley Thompson for good luck on your way into the main library
- See a star show at the Ohio State Planetarium in Smith Lab
- Sing Carmen Ohio at the Commencement Eve Candlelight Ceremony
- Go to the Step Show
- 32 Make the Dean's List
- 🚳 Get a campus job
- Complete a STEP signature project after your second year
- Give a lucky buckeye to someone special
- 30 Explore Orton Hall
- Visit an exhibit at the Wexner Center
- Attend a Department of Theatre or School of Music production
- Take a fun class outside your major- e.g., golf, ceramics, language, etc.
- Try another food from a different part of the world at Taste of OSU
- Go to a concert or event at the Schottenstein Center
- 42 Attend a Short North Gallery Hop
- 49 Visit every building at least once
- Play Frisbee on the Oval
- Watch the band practice on the Lincoln Tower turf field
- Take in the view from the 11th Floor of Thompson Library
- Participate in a karaoke or quiz night at Woody's Tavern
- Pose for an O-H-I-O picture somewhere in the world that's special to you
- Enjoy the bubble bench at the RPAC Aquatic Pavilion
- Make your own Buckeye Bucket List!

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